



37th Annual Perinatal Nursing Conference

Moms, Babies & You



March 1 & 2, 2012
Wyndham-Lisle Hotel
Lisle, IL

celebrating
37 years

Welcome

It is with great pleasure that the Perinatal Nursing Advisory Council invites you to join us for the 37th Annual Perinatal Nursing Conference. The volunteers serving on this council work year-round to identify cutting edge topics and expert speakers. Nursing is an honored profession and the March of Dimes embraces the opportunity to support professional development efforts. We encourage you to attend and support this March of Dimes program as we all work to protect our most precious resources – babies.

-The Perinatal Nursing Advisory Council

Who We Are

The March of Dimes is a champion for all babies – those born healthy and those who need our help to survive and thrive. These babies are the millions of reasons behind our urgent mission to improve the health of babies by preventing birth defects, premature births and infant mortality by:

- Supporting Nobel Prize®-winning research offering hope for prevention and solutions for babies born too soon or with birth defects
- Funding statewide quality improvement initiatives and programs which improve pregnancy outcomes and promote healthy mothers and babies
- Advocating for legislation that promotes maternal and infant health such as newborn screening and creation of a statewide taskforce to combat prematurity
- Providing support and information to families with a newborn in the neonatal intensive care nursery or where there has been a perinatal loss
- Providing public and professional education on issues relevant to the March of Dimes mission

Conference Objectives

The goal of this two-day program is to address significant and challenging areas of perinatal nursing practice. Upon course completion, the experienced professional will be better able to:

- Describe current trends and recent clinical advances which are significant to perinatal nursing practice
- Explore societal and professional issues challenging the delivery of perinatal healthcare today
- Improve quality of care based on evidence-based practices
- Discuss nursing research relevant to the comprehensive care of the childbearing family

Who Should Attend?

Nurses, Midwives, Nurse Practitioners, Clinical Nurse Specialists,
Nurse Managers, Nursing Students
Childbirth Educators, Lactation Consultants, Health Educators,
Genetic Counselors, and Public Health Nurses.

Accreditation

Nurses: This activity has been submitted to Illinois Nurses Association Approver Unit for approval to award contact hours. Illinois Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Lactation Consultants: An application for contact hours will be submitted to the International Board of Lactation Consultant Examiners.

Perinatal Nurse Excellence Award

Nominations may be submitted now through *January 20, 2012* for the *March of Dimes Perinatal Nurse Excellence Award*. Five nurses will be recognized at the conference for their outstanding commitment and creativity in approaching the day-to-day challenges in the perinatal setting. Nominations will be reviewed and chosen by January 30, 2012. Award winners will receive free conference registration and will be recognized at Awards Luncheon on March 2, 2012. Nominators of award winners will be provided complimentary conference attendance for March 2nd.

Nomination forms are available at: www.marchofdimesconference.com

Poster Session

The March of Dimes Perinatal Conference Committee invites you to participate in our inaugural poster session at the 2012 meeting. Authors (or presenters) are expected to be present during designated viewing sessions on both conference days to provide additional information and answer questions. Poster topics should be relevant to perinatal nursing and may include research or initiatives from areas including but not limited to obstetrics, neonatology, public health or lactation support. Abstracts may report on any aspect of research, education, quality improvement initiatives, or evidence based practice projects. Abstract instruction packets can be downloaded at: www.marchofdimesconference.com.

We will accept poster abstract applications through *January 9, 2012*

Session Tracking Assistant

To assist in distinguishing which sessions best fit your educational needs, the indicators below can be found next to each topic in the agenda. Many sessions apply to multiple areas. Please go to www.marchofdimesconference.com for detailed session descriptions to assist you in the selection process.

◆ Public Health □ High Risk Newborn ● Lactation △ L&D/Mother Baby

Perinatal Nursing Advisory Council

Linnette Carter, RN-BC, MSN, APN/CNS
Co-Chair

Perinatal Clinical Nurse Specialist
Rockford Health System

Terri Russell, DNP, APN, NNP-BC
Co-Chair

Coordinator, Neonatal Nurse Practitioner Program
Rush College of Nursing

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Research Specialist
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Perinatal Clinical Nurse Specialist
Advocate Lutheran General Hospital

Amy Burgess, MSN, RNC
Clinical Manager
Labor & Delivery & Women's Subspecialties
Central DuPage Hospital

Carol Burke, RNC, MSN, APN/CNM, CNS
Advanced Practice Nurse, Perinatal Services
Prentice Women's Hospital

Carol Chamblin, RN, APN, IBCLC
Breast 'N Baby Lactation Services, Inc.

Kathleen Cleary, RN, BSN, MPH
Childcare Nurse Consultant
Chicago Department of Public Health
Illinois Action for Children

Belinda Cusic, RN, MS, CCE, RTSCC
Perinatal Outreach Education Coordinator
John H. Stroger Jr. Hospital of Cook County

Patricia Drazin, RLC, IBCLC, CST
Lactation Consultant and
CranoSacral Therapist

Louise Hauser, RN
Rockford Memorial Hospital
OSF St Anthony Medical Center

Ramona Hunter, RNC, MS, WHNP
Clinical Nurse Specialist
Rush University Medical Center

Charlotte Johnson, RNC, MS, IBCLC
Breastfeeding Coordinator/Outreach Educator
John H. Stroger Jr. Hospital of Cook County

Jennifer Johnson, RNC, BSN, ICCE
Advocate Condell Medical Center

Kay Khawprasert, RN, MS, MPH
Illinois Department of Human Services

Kim Kocur, RNC-OB, MSN, APN
Advocate Trinity Hospital

Dawn Reimann, RNC, MS, APN/CNS
Education Coordinator, Rush Perinatal Center
Rush University Medical Center

Angela Rodriguez, RNC, BSN, CCRC
Perinatal Coordinator, Dept. of OB/GYN
Advocate Illinois Masonic Medical Center

Susie Rosenberg, RN, MS, CNS-BC
Clinical Practice Consultant
Prentice Women's Hospital

Carol Rosenbusch, RN
Perinatal Outreach Educator
Children's Memorial Hospital

Myra Sabini, RNC-OB, BSN
Perinatal Center Coordinator
NorthShore University HealthSystem
Evanston Hospital

Debbie Schy, RNC, MSN, APN/CNS, IBCLC
Advocate Lutheran General Hospital

Kathleen Simpson, RNC, PhD, FAAN
St. John's Mercy Medical Center

Glendean Sisk, RN, BSN, CRADC, MPH
Illinois Department of Human Services

Jean Smith, RNC, MSN, NE-BC
Manager of Clinical Operations for NICU
Advocate Christ Medical Center Hope Children's
Hospital

Cynthia Wilson, RN, MS
Maternal Child Health Nurse Consultant
Illinois Department of Human Services

Thursday, March 1, 2012

7:00 am - 8:00 am	Registration and Continental Breakfast Visit Exhibitors and Posters	
8:00 am - 9:00 am	<i>Keynote Session</i>	Perinatal Quality Improvement <i>Kathleen Simpson, PhD, RNC, FAAN</i>
9:00 am - 9:15 am	Visit Exhibitors and Posters	
9:15 am - 10:30 am A SESSIONS (Select one)	A-1 ◆ △ □	Who's Been Sleeping in my Bed? Preventing Sleep Related Infant Deaths <i>Nancy Maruyama, RN</i>
	A-2 □	Protecting the Defenseless Preterm Lung <i>Robin Steinhorn, MD</i>
	A-3 △	Preventing Mother Falls and Baby Drops in the Perinatal Setting <i>Kathleen Simpson, PhD, RNC, FAAN</i>
10:30 am - 10:45 am	Visit Exhibitors and Posters	
10:45 am - 12:00 pm B SESSIONS (Select one)	B-1 ◆ △ □	Eliminating Elective Deliveries Before 39 Weeks: The Road to Success <i>Peter Weeks, MD & Patricia Bradley, RN, BS</i>
	B-2 □	Living with Half a Heart <i>Tarek Saad Husayni, MD</i>
	B-3 ◆ △	Support of the Low Intervention Birth <i>Deb Lawrence, MS, DONA</i>
12:00 pm - 1:15 pm	Lunch, Visit Exhibitors and Posters	
1:15 pm - 2:15 pm	<i>Keynote Session</i>	The National Children's Study: Update from Cook County <i>Arden Handler, DrPH</i>
2:15 pm - 2:30 pm	Visit Exhibitors and Posters	
2:30 pm - 3:30 pm C SESSIONS (Select one)	C-1 ◆ △ □	Centering Pregnancy <i>Mary Alice Grady, CNM, MS</i>
	C-2 ◆ □	The Innocent Addict: Assessment and Treatment of Neonatal Abstinence Syndrome <i>Mary Puchalski, MS, APN, CNS, NNP-BC</i>
	C-3 △	Cesarean Birth – More Than Just a Little Cut <i>Carol Burke, APN, RNC</i>
3:30 pm -3:45 pm	Visit Exhibitors and Posters	
3:45 pm -4:45 pm D Sessions (Select One)	D-1 △ □	Magnesium Sulfate for Neuroprotection: Friend or Foe? <i>Barbara Parilla, MD</i>
	D-2 ◆ □ ● △	Breastfeeding Blueprint: Surgeon General Call to Action <i>Rachel Abramson, MS, RN, IBCLC</i>
	D-3 □	New Treatments for Retinopathy of Prematurity <i>Michael Blair, MD</i>

◆ Public Health □ High Risk Newborn ● Lactation △ L&D/Mother Baby

Friday, March 2, 2012

7:00 am - 8:00 am	Registration and Continental Breakfast Visit Exhibitors and Posters	
8:00 am - 9:00 am	<i>Keynote Session</i>	The IOM's Future of Nursing: A Call to Action <i>Kristin Ramsey, RN, MSN, MPPM, NE-BC</i>
9:00 am - 9:15 am	Visit Exhibitors and Posters	
9:15 am - 10:30 am E SESSIONS (Select one)	E-1 ● <input type="checkbox"/>	Saving Tiny Lives: Pasteurized Donor Human Milk in the NICU <i>Summer Cassidy, RN, BSN, IBCLC</i>
	E-2 <input type="checkbox"/>	CMV in the NICU Patient: Case Study of a Baffling Belly from a Surprising Source <i>Carolyn Lund, RN, MS, FAAN</i>
	E-3 ◆ ● <input type="checkbox"/> △	Perinatal Depression: Screening, Resources and Survival Stories <i>Laura LaPorte, LCSW</i>
10:30 am - 10:45 am	Visit Exhibitors and Posters	
10:45 am - 12:00 pm F SESSIONS (Select one)	F-1 ◆ ● <input type="checkbox"/> △	Impacting Breastfeeding Duration Beyond the Early Days <i>Carol Chamblin, RN, APN, IBCLC</i>
	F-2 <input type="checkbox"/>	Caring for the Extremely Premature Infant: Thermoregulation, Respiratory Support, Skin and Developmental Care <i>Carolyn Lund, RN, MS, FAAN</i>
	F-3 ◆ <input type="checkbox"/> △	HIV - New Horizons in perinatal Care <i>Patricia Garcia, MD, MPH</i>
12:00 pm - 1:15 pm	Lunch, Visit Exhibitors and Posters Nurse Excellence Awards	
1:15 pm - 2:15 pm	<i>Keynote Session</i>	Surviving Litigation: A Primer for Clinicians <i>Lisa Miller, CNM, JD</i>
2:15 pm - 2:30 pm	Conference Evaluations	
2:30 pm - 3:30 pm G SESSIONS (Select one)	G-1 ◆ ● <input type="checkbox"/> △	Meet Me in the Nipple Aisle: Improving Breastfeeding Outcomes <i>Amy Peterson, BS, IBCLC & Mindy Harmer, MA, CCC-SLP</i>
	G-2 <input type="checkbox"/>	Neonatal Necrotizing Enterocolitis <i>Erika Claud, MD</i>
	G-3 <input type="checkbox"/> △	Fetal Monitoring Pearls: Screening Resources and Real Stories <i>Lisa Miller, CNM, JD</i>

◆ Public Health High Risk Newborn ● Lactation △ L&D/Mother Baby

Location & Hotel

The 2012 Conference will be held at the **Wyndham-Lisle Hotel** located at **3000 Warrenville Road, Lisle, IL 60532**. The hotel is located 25 miles from Chicago Midway Airport, 18 miles from O'hare International Airport and just 30 minutes from downtown Chicago. The hotel offers complimentary shuttle service to and from downtown Naperville, complimentary high-speed internet access in each room, a fitness center, indoor pool, sauna and Jacuzzi. For further information go to:

<http://www.wyndhamlislehotel.com>

Parking is free of charge

A limited block of rooms is being held under March of Dimes Annual Perinatal Nursing Conference at the discounted rate of **\$125.00 per night** for both single and double rooms. Rooms are available for the nights of **Wednesday, February 29 and Thursday, March 1**. Rates are subject to local and state taxes. The deadline to reserve a room at these special rates is **January 30, 2012 at 5pm**. Rooms may be reserved by calling the hotel directly at **1-866-615-4206**. Ask for in-house reservations and request a room under the **March of Dimes Room Block**.

Registration Information

Please fill out the Registration page with your payment and mail or fax to:

**March of Dimes
Perinatal Nursing Conference
111 W. Jackson Blvd, Suite 2200
Chicago, IL 60604
Fax: (312) 435-0988**

Register online at www.marchofdimesconference.com

Telephone registrations are not accepted.

Please make checks payable to **March of Dimes**.

Single & Multi Day Registrations may not be shared.

Cancellations: Cancellations received on or before February 1 will receive a full refund. Those received after this date will be assessed a \$50 processing fee. No refunds are given for "no shows" or cancellations received after February 4. Substitutions are accepted.

For more registration information, special needs, or questions contact:

**Anna Blankenberger
(312) 596-4709
ablankenberger@marchofdimes.com**

Faculty

Rachel Abramson, MS, RN, IBCLC

Executive Director
HealthConnect One

Michael Blair, MD

Retina Consultants, Ltd.

Patricia Bradley, RN, BS

Edward Hospital
OB Director

Carol Burke, APN, RNC

Perinatal Advanced Practice Nurse
Northwestern Prentice Women's Hospital

Summer Cassidy, RN, BSN, IBCLC

Lactation Consultant
Advocate Lutheran General Children's
Hospital

Erika Claud, MD

The University of Chicago
Associate Professor
Department of Pediatrics and Medicine

Carol Chamblin, RN, APN, IBCLC

Breast 'N Baby Lactation Services, Inc.
DuPage Medical Group

Patricia Garcia, MD, MPH

Associate Professor
Obstetrics and Gynecology
Maternal Fetal Medicine
Northwestern Memorial Hospital
Prentice Women's Hospital

Mary Alice Grady, CNM, MS

Consultant
Centering Pregnancy

Arden Handler, DrPH

University of Illinois at Chicago
National Children's Study

Mindy Harmer, MA, CCC-SLP

Breastfeeding Solutions

Tarek Husayni, MD

Director of Cardiology Inpatient Services
The Heart Institute for Children

Laura LaPorte, LCSW

Perinatal Depression Program
Program Coordinator
NorthShore University HealthSystem
Evanston Hospital

Deb Lawrence, MS, DONA

President
Informed Beginnings

Carolyn Lund, MS, RN, FAAN

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Nancy Mauryama, RN

Executive Director
Education and Community Outreach
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Lisa A. Miller, CNM, JD

President
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Barbara Parilla, MD

Director, Maternal-Fetal Medicine
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Amy Peterson, BS, IBCLC

Breastfeeding Solutions

**Mary Puchalski, MS, RNC-NIC, APN, CNS,
NNP-BC**

Neonatal Nurse Practitioner
Rush University Medical Center

Kristin Ramsey, RN, MSN, MPPM, NE-BC

Associate Chief Nurse Executive
Northwestern University

Kathleen Simpson, PhD, RNC, FAAN

Perinatal Clinical Nurse Specialist
St. John's Mercy Medical Center

Robin Steinhorn, MD

Head, Division of Neonatology
Children's Memorial Hospital

Peter Weeks, MD

Chairman of Dept. Of
Obstetrics & Gynecology

Registration Form

Name: _____

Organization: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email (REQUIRED): _____

Sign up for BOTH days and receive up to 13 contact hours for only \$250.

To receive these prices, register by February 4th. All prices will be raised by \$50 after that date.

Thursday only: \$150 _____ Friday only: \$150 _____

Two Day Special: \$250 _____ Total: _____

Payment Method: Check one of the following

Visa MasterCard Discover American Express Check

Name on Card _____ Exp ____/____

Card Number _____ Security Code _____

Please circle your breakout sessions

Thursday:

A-1 B-1 C-1 D-1

A-2 B-2 C-2 D-2

A-3 B-3 C-3 D-3

Friday:

E-1 F-1 G-1

E-2 F-2 G-2

E-3 F-3 G-3

Special Thursday Post-Conference Social

Join us for networking, refreshments, and
line dancing March 1st at 5:00 pm!

Registration required and space is limited.

Sponsored by **Clinical Computer Systems, Inc./OBIX**

Instructor Mary Castle-Enyard, "Dancing Mary"

Yes, I am interested in attending the Free Thursday Post-Conference
Social from 5:00-6:00 pm

Please note spaces will fill up quickly!



37th Annual Perinatal Nursing Conference

111 W. Jackson Blvd., Suite 2200
Chicago, IL 60604

Our Green Initiative

In an ongoing effort to conserve resources and protect the environment, our brochure is shorter and registrations will be submitted online. Full session descriptions can be viewed at: www.marchofdimesconference.com.

Speaker presentations will be available for you to download and print prior to the conference on Friday, February 24, 2012.

Handouts will not be available at the conference.

You will receive a special link upon registration.

Sponsored by:



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